

KIDS FITNESS CHALLENGE

Program Application

Sign up online by visiting the Kids Fitness Challenge homepage via www.baystategames.org and then clicking on "Register"

OR

Fill out the form below and mail to:
Bay State Games
55 6th Road, Woburn, MA 01801
or fax to: 781-932-3441

SCHOOL INFORMATION

School Name

Street Address

City

State Zip Code

School Enrollment

COORDINATOR INFORMATION

Name

Title / Position

E-mail Address

Phone

Questions? Call Peter at 781-932-6555
or e-mail peter@baystategames.org

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55 6th Road, Woburn, MA 01801

Kid's Fitness Challenge

Presented by Bay State Games

WIN \$500 FOR YOUR SCHOOL!



MAY 31 - JUNE 3 2011

WWW.BAYSTATEGAMES.ORG

KID'S FITNESS CHALLENGE HIGHLIGHTS:

• More than 140,000 students have participated in the Kids Fitness Challenge since the program's inception in the fall of 2006.

• To date, \$17,000 in grants have been awarded to 33 participating schools to support their health and physical education programs. The schools include:

Alice A. Macomber Primary School – Westport
Alice B. Beal School – Springfield
Arlington Elementary School – Lawrence
Ashby Elementary – Ashby
Bourne Middle School – Bourne
Brayton Elementary School – North Adams
C.J. Prescott – Norwood
Clara Barton School – Oxford
Dudley Middle School – Dudley
Fessenden School – Newton
Fisher Hill School - Orange
Goodyear Elementary School – Woburn
Holy Trinity Regional School - West Harwich
Hyannis West Elementary – Hyannis
Jefferson Elementary – Franklin
K.C. Coombs – Mashpee
Kipp Academy – Lynn
Lincoln Hancock Elementary – Quincy
Mary Fonseca Elementary – Fall River
McGlynn Elementary School - Medford
Mission Hill - Roxbury
Nathan Hale Elementary School – Roxbury, MA
Riverbend Elementary – Athol
Salem Academy Charter School – Salem
Southeast Alternate School – Berkley
St. Joan of Arc/St. George – Chicopee
St. Mary's School – Lee
Stony Brook Elementary School – Brewster
Tyngsborough Middle School – Tyngsborough
West Brookfield Elementary – West Brookfield
Westminster Elementary School – Westminster
Whitinsville Christian School – Northbridge
Woburn Street School – Wilmington

Please note that schools are eligible to be selected for a grant more than once so there's never a reason to stop participating.

WHEN:

May 31 - June 3, 2011

WHAT:

The Kid's Fitness Challenge is free for Massachusetts elementary and middle school teachers or administrators who are looking to motivate students to participate in physical activity.

The program also provides valuable \$500 grants to selected participating schools which can be used to support that institution's health and physical education programs.

HOW TO REGISTER:

1) Sign up online by visiting the Kids Fitness Challenge homepage via baystategames.org and then click on "Register" or fill out the attached form and mail to: Bay State Games, 55 6th Road, Woburn, MA 01801 or fax to: 781-932-3441 by Friday, May 27.

2) Plan, at a minimum, a 30 minute segment of physical activity for the entire school that each student is able to participate in at some point from May 31 to June 3. You can also use an existing program or event, such as a field day, that your school is scheduled to hold in the weeks preceding or proceeding the dates of the Challenge. We only ask that the students are made aware that they are participating in the Kids Fitness Challenge and the event must meet the activity requirements. Remember to be creative on planning your event. In previous programs, school activities have included a neighborhood walk, beach cleaning, track & field day, dancing and other fun and exciting tasks. The key is to show kids that physical activity can be fun!

3) After your school has completed its activity, the school contact is responsible for reporting that fact to program director Peter Cohenno by Friday, June 10 by phone: 781-932-6555 or e-mail: peter@baystategames.org. After the reporting deadline, all schools that have reported 100% participation will be entered into a drawing to win one of four \$500 grants which can be used to support the schools' health and physical education programs.

WHAT PEOPLE ARE SAYING:

"This challenge was just the right fit for us. I appreciated the flexibility this challenge offered which allowed me to put together something that would work for our students and as a result we had a really wonderful day. We look forward to making this an annual event for the Germaine Lawrence School."
- Mary Fitzgerald, PE and Health and Wellness Teacher at the Germaine Lawrence School in Arlington, MA

"I must say it was phenomenal to see my whole school moving at the same time! Everyone loved it and are still talking about it today!"
- Mary Genois, Physical Education Teacher at Stoney Brook Elementary in Brewster, MA

"As proud as I am that all students and teachers participated, I am even more pleased to report that this event brought together students of all ages in which the older students were engaging and even helping the younger ones. It is this type of event that promotes fitness as well as school community that makes it so important. As a new P.E. teacher in a P.E. program that is improving day to day I can't wait to participate in next years events."
- Kurt Anderson, Physical Education Teacher at Riverbend School in Athol, MA

"As a former physical education teacher and past co-chair of the Joint Committee on Education, I've seen firsthand how important it is for our kids to maintain a good level of activity in their daily routine. The Kid's Fitness Challenge is an excellent program that not only inspires children to become more active, but also helps our commonwealth's schools by awarding much needed grants to health and physical education departments. I recommend to all our schools that they participate in this program."
- State Representative Patricia Haddad

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