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DEADLINE APPROACHING FOR SBLI KIDS FITNESS DAY

Elementary and middle schools have the chance to win \$500 for their school

WOBURN, MA-The Massachusetts Amateur Sports Foundation (MASF) and The Savings Bank Life Insurance Company of Massachusetts (SBLI) is still accepting registrations for the second SBLI Kids Fitness Day. The program's initiative is to teach Massachusetts youth that physical activity and nutrition are not only beneficial to your health, but can also be fun.

The SBLI Kids Fitness Day is a free, one day event offered to Massachusetts Elementary and Middle Schools grades K-8. The program aims to raise awareness about the lack of physical activity among school aged children, and the importance of physical education in schools. The Fitness Day asks all students in every school which signs up participate in 30 minutes of constant activity in a creative way.

Each school that participates must hold their fitness day on May 8, May 9, or May 10. The activity that is done for 30 minutes is determined by each individual school. All schools which take part in the day and reports 100% participation from their students will automatically be entered in a drawing to receive one of four \$500 donations to the school's physical education or health department, courtesy of SBLI and the Bay State Games.

The registration deadline for the SBLI Kids Fitness Day is Friday, May 4. To sign up your school, please call the Bay State Games' office at (781) 932-6555 or email kidschallenge@baystategames.org.

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